



Para- Medical Program

Specialization	Nursing
Course Number	020802268
Course Title	Community Health Nursing
Credit Hours	3
Theoretical Hours	1
Practical hours	6

Course description

This theory and clinical course focuses on the functions and responsibilities of the Associate Degree Nursing student towards the individual and his family within the community context. The concepts of primary health care, family structure, diseases affecting the community, and the three levels of prevention are all explored. The clinical part of this course allows the students to apply primary, secondary, and tertiary disease prevention through the use of nursing process for clients in community settings.

Course objectives :

Intended Learning Outcomes

Upon the completion of this course the student will be able to:

A. Knowledge & Understanding

1. Define common concepts related to positive health, community health and health illness continuum.
2. Discuss the personal and environmental factors contributing to healthy living.
3. Discuss the concepts, principles and elements of primary health care.
4. Discuss the three levels of prevention.
5. Recognize the health needs of the individual, the family, and the whole community by applying the approach of the nursing process.
6. Identify nursing roles and responsibilities in school health programs.
7. Identify family assessment, functions, and different roles of family members.

B. Intellectual skills

1. Integrate the nursing process in assisting individuals and families to obtain their optimum level of wellness.
2. Discuss major chronic and communicable diseases in Jordan and interpret their relationship with determinants of health and control measures.
3. Discuss major social issues that affect the community health in Jordan such as accidents, and family violence.

C. Subject specific skills

1. Apply health education principles for solving the client, family and community problems.
2. Participate in the assessment of school health environment.

D. Transferable skills

1. Assist in increasing community awareness toward environment health problems
2. Practice the role of the community health nurse in health services.
3. Protect the health of the elderly.

Course outline:

Unit No.	Unit name	Unit Content	Time Needed
1	Introduction to community health nursing	<ul style="list-style-type: none"> • Discuss the term community • Components of community • Concepts of health, health illness – continuum, Health belief models, community health, community health nursing • Levels of prevention • Settings of community health nursing practice 	2
2	The community as a client	<ul style="list-style-type: none"> • Dimensions of the community as a client – Location. – Population. – Social system. <ul style="list-style-type: none"> • Community assessment methods : – Surveys. – Descriptive epidemiological studies. – Sources for community assessment data. – Characteristics of a healthy community. 	2
3	Family health assessment	<ul style="list-style-type: none"> • Definition of family. • Characteristics of family health: <ul style="list-style-type: none"> – Guidelines that affect health interaction among members. – Guidelines that affect the structuring of relationships. – Guidelines that affect health environment and lifestyle. – Guidelines that affect links with broader community. <ul style="list-style-type: none"> • Family health assessment – Data collection categories. – Assessment methods. – Family functions. 	2
4	Environmental health and social issues	<ul style="list-style-type: none"> • Environmental health areas of concern: <ul style="list-style-type: none"> – Air and Water pollution. – Unhealthy food. – Waste disposal. – Insect and rodent control. – Radiation. <ul style="list-style-type: none"> • Social Issues: <ul style="list-style-type: none"> – Road traffic accidents. – Family violence. <ul style="list-style-type: none"> • Community health nurse role. 	2
5	School Health	<ul style="list-style-type: none"> • Definition of school health. • Assessment of school health environment. • Community health nurse role in school health. 	2

Unit No.	Unit name	Unit Content	Time Needed
6	Promoting and protecting the health of the homecare population	<ul style="list-style-type: none"> • Definition of home care • Practice functions of the home health care. • Characteristics of home health care nurse, and Example of home care agency in Jordan. 	1
7	Protecting community health through control of communicable diseases.	<ul style="list-style-type: none"> • Prevention approaches : <ul style="list-style-type: none"> – Immunization. – Community education. – Screening. <ul style="list-style-type: none"> • Health care provider's precautions. • Importance of knowledge about communicable disease for the community health nurse. • Responsibilities of C.H .N. 	1
8	Promoting and protecting the health of maternal, prenatal and infant population in MCH services	<ul style="list-style-type: none"> • Women's and children's rights • Types of maternal/children health services in Jordan. • Roles of the community health nurse in maternal children health services. <ul style="list-style-type: none"> • Health services for children in Jordan : <ul style="list-style-type: none"> – Primary levels of prevention. – Secondary levels of prevention. – Tertiary levels of prevention. 	2
9	Promoting and protecting the health of elderly population	<ul style="list-style-type: none"> • Health needs of elderly. • Factors influencing nutrition in elderly persons. • Psychosocial aspects of aging. • Major health problems. • Levels of prevention. • Roles of the community health nurse 	2
10	Home Visit	<ul style="list-style-type: none"> • Purposes. • Process: <ul style="list-style-type: none"> – Initiation phase. – Pre visit phase and activities included. – In-home phase and activities included. – Termination phase and activities included. – Post visit phase and activities included. <ul style="list-style-type: none"> • Advantages and disadvantages of home visit. • Content of the home visit bag. 	1

Teaching/learning strategies:

- Lectures, Discussion, Role plays
- MCH nursing activities and interventions.

Antenatal care, Child growth monitoring, Immunization, Post- natal care, Adult care with chronic illness.

- Family assessment, Community assessment, School health, Simulation, Clinical demonstration, Health education session, home visits

Exams and method of evaluation

According to the study instructions

References:

1. Clark, M. (2014). Community Health Nursing: population and Community Health Nursing (6th Ed) Upper Saddle River, New Jersey: Pearson Education, Inc.
2. Recommended books, materials, and media:
3. Allender, J., Rector, C., & Warner, K. D. (2010). Community Health Nursing: Promoting & Protecting the Public's Health. (7th ed.). Philadelphia: Lippincott Williams & Wilkins.
4. Community Health Nursing, Mary jo Clark. Blackwell publishing(2007).
5. Maurer, F. & Smith, C. (2005). Community/public health nursing practice: health for families and populations (3rded). St. Louis, MO: Elsevier.